



## **ALICE ANSARA ATHLETIC CENTER: FRAMEWORK FOR USE**

### **Mission Statement:**

The primary role of the Alice Ansara Athletic Center is to facilitate Landmark's growing interscholastic sports programming and the Physical Education (PE) Department. Landmark's interscholastic athletic program exists to provide training at all levels allowing the opportunity for younger players to participate at the varsity level as they gain skills. Central to the mission of the facility is our belief that the interscholastic athletic program and the PE program exist to promote self esteem, sportsmanship and respect of self and the larger community. This facility will be a place for friendly and spirited competition and physical and emotional growth. While this facility will primarily function to support the interscholastic sports program and the PE Department, it also offers a place for the Landmark community to practice a commitment to health and well being through recreation and physical activity.

### **Alice Ansara Athletic Facility:**

Although the Ansara Center is a Landmark community facility, it is a privilege to have use of the facility. Any behavior which results in damage to the facility or it's contents or which places students or others in an unsafe environment will result in loss of the privilege to use the facility. The Ansara Center is monitored by video surveillance cameras.

Currently, no facility on campus is opened to students without a trained duty staff member supervising. The art room, woodworking shop, and auto shop are staffed by appropriately qualified staff members. The Ansara Center has very expensive equipment, inherent risk of injury and potential risk of liability and should be staffed and operated with that in mind.

The Ansara Center Includes the following:

- 7,600 square foot gymnasium with one NFHS 84' basketball court with spectator seating for 405 people or two 64' practice courts divided by a retractable curtain
- Retractable batting cage
- NFHS regulation volleyball court
- 2,000 square foot wrestling room with spectator seating for 45
- 38' square wrestling mat with retractable sling
- 2,000 square foot Fitness Center with Life Fitness/Hammer Strength equipment.
- Three 560 square footlocker rooms with with showers.
- One 560 square foot equipment room.
- One 600 square foot multi purpose Team Room and conference area.
- Fully equipped sports medicine facility
- Administrative offices

### **General Rules:**

1. No cleats will be worn in any part of the building at any time. Cleats must be cleaned on the cleat cleaner by the North Lobby entrance and then removed before entry.
2. Proper foot wear (clean sneakers only) must be worn in the gymnasium at all times. At no time should boots or heels of any kind be worn in the gym. Spectators must obey traffic flow signs and remain on carpet runners or rubber surfaces in gym at all times.
3. NO GUM EVER IN GYM. No Food or drink in gym unless sponsored by school. Water is okay.
4. The Main Lobby will be used by PE students between 8am and 3pm.
5. Upon arrival to Main Lobby, all PE students will remain in lobby until dismissed to locker rooms by PE teacher. Public bathrooms, not locker rooms will be used during class time.
6. After class, students will remain in Main Lobby until dismissed by PE teacher.
7. Interscholastic teams and all others will use the North Lobby door only between 3pm and 9:45pm
8. Only PE and Grounds staff will be permitted in the PE storage area.
9. Authorized staff only will operate all automated features such as bleachers, curtain, backboards, batting cage and mat harness.
10. Students are not permitted in Administrative area without faculty member.

### **Interscholastic Athletics:**

The Ansara Center will be tightly scheduled during the winter interscholastic season. Interscholastic games and practice times for seven basketball teams and two wrestling teams will occupy most of the after school weekday hours. During the fall and spring seasons there will be time for other activities and a variety of intramural sports. Any and all activities scheduled for the Athletic Center after school hours(3pm through 9pm during week days and all weekend hours) must be coordinated through the Athletic Director's office to avoid confusion and the double booking of space.

### **Physical Education Department:**

The Physical Education (PE) department will utilize the Ansara Center during the academic day for all PE programming from 8:00am to 3:00pm. Any other ancillary use of the Ansara Center during these hours must be cleared by the Athletic Director for appropriate use and then the PE Department Head for availability.

**Ansara Center Team Room:** The Ansara Center Team Room is available for conferences, meetings and functions. The team room will frequently be used by both the Physical Education Department during the school day and interscholastic athletic teams after school. The Team Room can be reserved in advance through the Athletic Director's office. To view availability for scheduling please contact the Athletic Director.

### **Residential Use:**

The Residential Program will have use of the Ansara Center during hours in which the interscholastic sports program and the physical education program are not using the facility exclusively. All Residential programming must be scheduled through the Athletic Director's office. The Residential Department will purchase, store and oversee its' own equipment in a space provided in the gymnasium.

### **Fitness Center Use and Hours:**

1. The Fitness Center will have a maximum of 20 people at any one time (numbers greater than 20 must be approved by the Athletic Trainer or Athletic Director). During times of peak volume, all cardio-equipment will be kept to a limit of 20 minutes maximum.
2. After school weight lifting and Free Time usage will be limited to a maximum of 12 students at a time and will be supervised by a trained staff member. All students using the Fitness Center will have a written training program on file (approved by the Certified Athletic Trainer) in the Fitness Center and a permission form in the Duty Office or will not be permitted to use the facility. All individuals using the Fitness Center will be required to go through a orientation process before use may begin. Orientation appointments for students and staff will be made through the Athletic Trainer. Students and staff will be require to sign in and sign out of the Fitness Center.
3. The Fitness Center will be open for general use from 3:00pm to 7:15pm Monday through Friday with students having precedence for its use during this time. This means that, while Landmark employees are welcome to use the facility at this time, they must defer to student use.
4. The Fitness Center will be closed to students at 7:15 from Sunday through Thursday. All other Landmark community members may sign out a Fitness Center key from the Duty Office to use the facility from 7:15pm to 9:45pm Sunday through Thursday. The key holding adult is the responsible party for facility and should keep the North Lobby door open. Any subsequent user of the facility must sign in to the Fitness Center itself upon arrival. If another adult signs into the Fitness Center and wishes to stay longer than the key holder, a phone call to the Duty Office must be made notifying transfer of key and responsibility. Responsible party must sign key back into Duty Office upon leaving facility. Non key holding staff must sign in and out of the Fitness Center itself.
5. The Fitness Center will be open weekday mornings from 6:30 to 7:30 for faculty and staff only as long as there is a staff member available to be present for the entire hour. This staff member will be responsible for the management of the room during this time and will assure that all rules and protocols are adhered to.
6. The Campus Coordinator has the right to limit the use of the facility based on their scheduling needs. Use after 9pm will be limited to the Fitness Center only to ensure proper custodial services.
7. Individuals using the Fitness Center after 7:15 must receive a brief training session from the Athletic Trainer and sign a liability release form prior to use.
8. The Fitness Center will be open during the weekend at the discretion of the Campus Coordinator. As always, The Fitness Center must be supervised by an appropriately trained staff member and all visitors, students and staff alike, must sign in and out of the facility.

### **Gymnasium Use and Hours:**

The Ansara Center gymnasium is available to all in the Landmark community when not in use by either the PE Department or the interscholastic sports program. Hours of availability will fluctuate depending on the season. Availability for Free Time activity, intramural programming and other school related events and staff use must be coordinated through the Athletic Director office. A brief training session

conducted by the Athletic Director for use of the gymnasium will be required prior to use. Students will have to sign up to use the facility during weekend hours and be accompanied by an appropriately trained staff member. If the facility is open for a large block of time, such as a Saturday afternoon, students will be required to sign up at the Duty Office for a time frame for which they expect to use the facility. There will be no open door policy in the facility.

**Locker Room Usage:**

Locker room #3 will be designated for female use only except in cases in which a busy interscholastic home schedule necessitates otherwise. Locker room #2 will be designated for male use only. Locker room #1 will serve as a swing locker room which can be used by either sex depending upon need. It will also serve as the primary visiting team locker room.

The PE Department will issue locks to students by request. Students will be responsible for maintaining the locker rooms in an orderly fashion. Articles left behind will be kept in a Lost and Found for one week and then donated to the Salvation Army. Locker rooms will be cleaned nightly. Any article not in a locked locker will be placed in the Lost and Found in the Administrative area.

Locker rooms #1, #2 and #3 will be exclusively for students except for weeknights after 7:15 when the facility is closed to students and may be used by other members of the Landmark community. At all other times, including weekends, adults and visitors must use either the coaches locker rooms or the public bathrooms in the front of the facility.

**Performing Arts Use:** Students involved in the Performing Arts program will have use of the Athletic Center for a variety of activities. During the off season, the Wrestling Room can function as a Dance Studio to be used by the Performing Arts and Residential Departments. The beginning and ending times of all Dance and Performing Arts programming must be coordinated through the Athletic Director's office. Proper scheduling will be mandatory so as to provide access to all parties.

**Rent of Facility to Outside Groups:**

Renting Landmark's new Athletic Center and Activity Center will eventually be an important community relations activity. The renting of this facility will need to be viewed as such. The responsibility for all scheduling of the Athletic Center must be coordinated by the Athletic Director's office. The rental of the Athletic Center should not occur during the initial year of use so that a school and maintenance pattern of use can be established.